

VICAP is a program of Senior Connections, The Capital Area Agency on Aging.

Senior Connections provides services for older adults, caregivers and persons with disabilities residing in the County of Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent and Powhatan and the City of Richmond.

If you reside outside of these localities please call the Virginia Department for the Aging at 1-800-552-3402 for the phone number of the VICAP nearest you.



(804) 343-3000
1-800-969-2286

www.seniorconnections-va.org

Other Programs and Services offered by



Adult Day Care

Aging and Disability Resource Center

Care Coordination
and Case Management

Caregiver Support

Coordinated Transportation

Foster Grandparents

Friendship Cafés

Home Delivered Meals

Information and Referral

Long Term Care Ombudsman

Medicare Fraud & Abuse Prevention

Medication Assistance

Money Management

Public Guardianship

Public Information and Education

Retired and Senior Volunteers

Senior Center, A Community

Partnership

Senior Employment

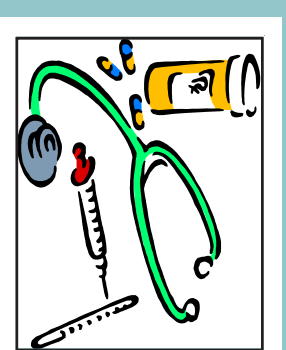
Short Term Home Care

TeleBridges (Telephone Reassurance)

Volunteer Opportunities

Do You Have MEDICARE? Do You Have Limited Income and Resources?

You may qualify for help to pay for some health and prescription drug costs.



Call the Virginia Insurance Counseling and Assistance Program (VICAP) to learn more. Please leave your name and phone number for a return call from a trained counselor.

VICAP
(804) 343-3014

Medicare Assistance Programs

“Extra Help” Paying for Medicare Prescription Drug Coverage

You may qualify for “Extra Help” or the low income subsidy, if your yearly income and current resources are at or below certain limits. *

Income Limits for 2010 are:

- ❖ Income less than \$16,245 a year or \$1,353.75 a month and resources at or below \$12,510 for a single person.
- ❖ Income less than \$21,855 a year or \$1,821.25 a month and resources at or below \$25,010 for a couple married and living together.

(*Income and Resources Levels increase every year.)



Medicare Savings Programs (MSP)

The Commonwealth of Virginia has a program that will pay Medicare premiums and may pay for Part A and Part B deductibles and coinsurances. **

To qualify, you must have:

- ❖ Medicare Part A
- ❖ Monthly income less than \$1,218 and resources less than \$4,000 for a single person
- ❖ Monthly income less than \$1,639 and resources less than \$6,000 for a couple married and living together.

(**Lower income may qualify you for additional assistance.)



HELPING YOU NAVIGATE MEDICARE

For both health and prescription drug help, some income and certain assets may not be counted including, but not limited to the house you live in, a car, burial plots and up to \$1,500 for burial expense.

If you think you are eligible, you need to apply. A VICAP counselor can help you apply on-line for Extra Help and provide you with a referral for help applying for the Medicare Savings Programs.

VICAP counseling is unbiased, confidential and free.

VICAP volunteer counselors are not licensed to sell insurance and do not promote any insurance products.