



24 East Cary Street
Richmond, VA 23219-3796
(804) 343-3000
1-800-989-2286
Fax (804) 649-2258
www.seniorconnections-va.org

PRESS RELEASE

FOR IMMEDIATE RELEASE

CONTACT: Colleen Wilhelm
Community Outreach Specialist, Meals Dept.
804-272-4497; cwilhelm@youraaa.org

New Friendship Café Opens in New Kent County

RICHMOND, VA November 25, 2015 – Friendship Cafes are neighborhood gathering places where older adults 60 and over benefit from nutritious lunches, fun social activities, exercise, recreation, life-long learning, artistic activities as well as health and wellness programming. With the new Café in New Kent, Senior Connections, The Capital Area Agency on Aging sponsors 22 programs in the City of Richmond and surrounding counties. Currently, Cafes serve 600 participants throughout the Metropolitan Richmond area. Reflecting on the growth of the program, it is important to note that the Friendship Cafe Program (*Congregate Meals*) started in 1974 with only four locations. And, of course, our successes could not be measured without the generous community support and partners.

The New Kent Friendship Café is located at New Generation of Gods Children in Faith Church, 6160 Pocahontas Trail, Providence Forge. The Café's grand opening is on Tuesday, December 8 at 11:00 a.m. The Café is open from 9:30 a.m. to 1:00 p.m. on Tuesday and Thursday. Ms. Vera Burrell is the Café Manager.

For additional information about this program or other Agency services, **please call 804-343-3000 or visit our website at www.seniorconnections-va.org.**

###

About Senior Connections, The Capital Area Agency on Aging

Senior Connections, The Capital Area Agency on Aging is a private, nonprofit organization governed by a Board of Directors with guidance from a diverse Advisory Council. The Agency receives funding from the Older Americans Act through the Virginia Department for Aging and Rehabilitative Services. Established in 1973 as part of a nationwide network of over 650 area agencies on aging, Senior Connections provides information, advocacy, and home and community services to seniors and family caregivers residing in the Counties of Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent, Powhatan, and the City of Richmond.