

# Caregiver Support Groups

## **Aging Parents**

Bon Air Methodist Church  
1645 Buford Rd, Room 207 - 2nd Tuesdays, 7:00 p.m.  
320-3890

## **ALS Support Group**

Trinity United Methodist Church  
903 Forest Avenue - 2nd Tuesdays  
Sarah Stein 1-866-348-3257

## **Alzheimer's Association Greater Richmond Chapter**

4600 Cox Road - 804-967-2580 for schedule  
[www.alz.org/grva](http://www.alz.org/grva)

## **Brain Injury**

Childrens' Hospital  
2924 Brook Road - 3rd Mondays, 6:15 p.m.  
Christine 804-355-5748

## **Essential Tremor**

Our Lady of Hope  
903 Forest Avenue - 3rd Tuesdays, 6:30 p.m.  
556-2345

## **Fibromyalgia and Chronic Pain Association**

804-862-4244

## **Grandparent Connection**

7000 Lucy Corr Boulevard - 1st Thurs.; 4:15 p.m.  
Chesterfield County Senior Advocate  
804-768-7878

## **Hanover Adult Center**

7231 Stonewall Parkway, Mechanicsville  
3rd Tuesdays, 5:30 p.m.  
Diane Dillard 804-746-0743

## **Jewish Family Services**

6718 Patterson Avenue - 3rd Thursdays, 2:00 p.m.  
Janina Bogner 804-282-5644

## **Lupus Foundation**

Essential Tremor  
[www.lupus.org](http://www.lupus.org)

## **Mended Hearts**

Henrico Doctors' Hospital  
Forest Avenue Campus  
1st Tuesdays in February, April, June, August, October  
and December  
804-741-3893

Levinson Heart Center  
7101 Jahnke Road

1st Tuesdays in January, March, May, July, September  
and November;  
7:30 p.m.  
804-741-3893

## **Memorial Regional Medical Center**

8260 Atlee Road, Mechanicsville  
1st Tuesdays, 6:00 p.m.  
Ethel Gordon 804-764-6674

## **Multiple Myeloma**

St. Mary's Hospital, Room 159 - 3rd Thursdays  
Barbara Marx 804-355-6217

## **National Multiple Sclerosis Society**

804-353-5008

## **Parkinson's Disease**

Circle Center Adult Day Services  
4900 West Marshall Street  
Ann Spinks 804-355-5717

## **Metro Chapter**

HealthSouth Hospital - 3rd Sundays, 2:00 p.m.  
Kathy Morton 804-730-1336

## **Post Polio Central Virginia**

Carol Kennedy 804-740-6833

## **Prostate Cancer**

Ridge Baptist Church - 3rd Thursdays, 7:00 p.m.  
Peter Moon 804-346-4407

## **Well Spouse Group**

2nd Tuesdays  
Kathy Jarrell 804-454-4592