



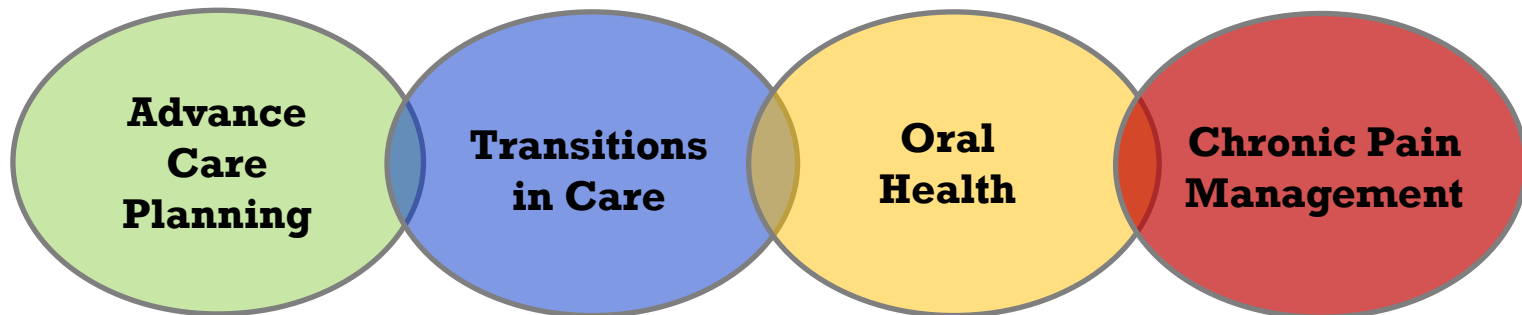
# VirginiaNavigator

SeniorNavigator | disAbilityNavigator | VeteransNavigator

## **FREE Training for Older Adults & Family Caregivers**

Join us for a **FREE online** training session specifically designed for older adults, family caregivers, and aging service providers.

Participants will be trained on how to connect with local programs and services using the VirginiaNavigator family of websites. You'll also learn valuable information on four essential topics:



**DATE:** Tuesday, December 8, 2020

**TIME:** 1 pm– 2 pm

To register or ask a question, please contact me!  
Bonnie Scimone, 804-525-7737 or [Bonnie@VirginiaNavigator.org](mailto:Bonnie@VirginiaNavigator.org)