Volunteers are a vital resource and provide needed services, particularly to frail and economically disadvantaged seniors. Our Volunteer Programs offer both personal rewards and fulfill needed public services.

Volunteers provide dependable and dedicated service to residents of the City of Richmond and Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent and Powhatan Counties.

Senior Connections has numerous opportunities available. Call us today and find out where your skills may be most effective. Make a difference in the life of a senior in your community! 804-343-3024, sbeverly@youraaa.org.

Please note: Due to Covid-19, a number of our programs will be accepting new volunteers at a later date. Feel free to contact Shana Beverly, Volunteer Program Coordinator with any questions. 804-343-3024, sbeverly@youraaa.org. Thank you.

Volunteer Opportunities:

Clerical Assistant Volunteer—Assists with administrative support, could include filing, data entry mailing, answering phones, etc.

Friendship Café Volunteer—Assists with activities and programs at Senior Connections’ Friendship Cafés where older adults enjoy lunch, friendship and more. (Check in 2022 for Café reopening schedule.)

TeleBridges Volunteer- provides friendly reassurance phone calls to seniors at least twice a week, by offering a listening ear and an encouraging word. Background check required. Minimum one year commitment required. Limited availability.

VICAP (VA Insurance Counseling Assistance Program): Counsel on Medicare, Medicaid, supplemental and long term care insurance issues. Provide information, assistance and referral services to callers on an information hotline. Please note: Insurance agents, employees or brokers, and financial planners are not eligible to serve as VICAP Volunteers. Minimum one year commitment required. Background check required. (Check for availability in Spring, 2022).

*Volunteer Money Management: An in-home check writing and financial management service for people 60 and over. Most people served by this program are low income or disabled and are having difficulty meeting monthly expenses. Minimum one year commitment preferred. Background check required.