



The Resource for Aging Well

24 E. Cary Street  
Richmond, VA 23219  
(804) 343-3000  
ww.seniorconnections-va.org



*Volunteer: Make the Connection*

*Volunteers are a vital resource and provide needed services, particularly to frail and economically disadvantaged seniors. Our Volunteer Programs offer both personal rewards and fulfill needed public services.*

*Volunteers provide dependable and dedicated service to residents of the City of Richmond and Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent and Powhatan Counties.*

*Senior Connections has numerous opportunities available. Call us today and find out where your skills may be most effective. Make a difference in the life of a senior in your community! 804-343-3024, sbeverly@youraaa.org.*

*Please note: Due to Covid-19, a number of our programs will be accepting new volunteers at a later date. Feel free to contact Shana Beverly, Volunteer Program Coordinator with any questions. 804-343-3024, sbeverly@youraaa.org. Thank you.*

### **Volunteer Opportunities:**

**Clerical Assistant Volunteer**—Assists with administrative support, could include filing, data entry mailing, answering phones, etc.

**Friendship Café Volunteer**—Assists with activities and programs at Senior Connections' Friendship Cafés where older adults enjoy lunch, friendship and more. **(Check in 2022 for Café reopening schedule.)**

**TeleBridges Volunteer**- provides friendly reassurance phone calls to seniors at least twice a week, by offering a listening ear and an encouraging word. **Background check required. Minimum one year commitment required. Limited availability.**

**VICAP** (VA Insurance Counseling Assistance Program): Counsel on Medicare, Medicaid, supplemental and long term care insurance issues. Provide information, assistance and referral services to callers on an information hotline. ***Please note: Insurance agents, employees or brokers, and financial planners are not eligible to serve as VICAP Volunteers. Minimum one year commitment required. Background check required. (Check for availability in Spring, 2022).***

**\*Volunteer Money Management:** An in-home check writing and financial management service for people 60 and over. Most people served by this program are low income or disabled and are having difficulty meeting monthly expenses. **Minimum one year commitment preferred. Background check required.**